

Camino Zen: Oia to Santiago



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the
Camino

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YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

LIZ F.



Walking the french camino is one of the best experiences of my life.

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.
Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

LARA K.



Wonderful all round experience

Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!

RANDY R.



Follow the Camino Frances

The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.

GRETA O.



Follow the Camino with an eighty year old

Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.

ITINERARY



Stage 2 of 2



143.1km



8 days



Comfort



Easy

Starting from

€906

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

Popular Time

Good Time

Off/Low Season

Not Possible

Overall

Distance:

17.7 min | 23.9km average | 33.8 max

Ascent:

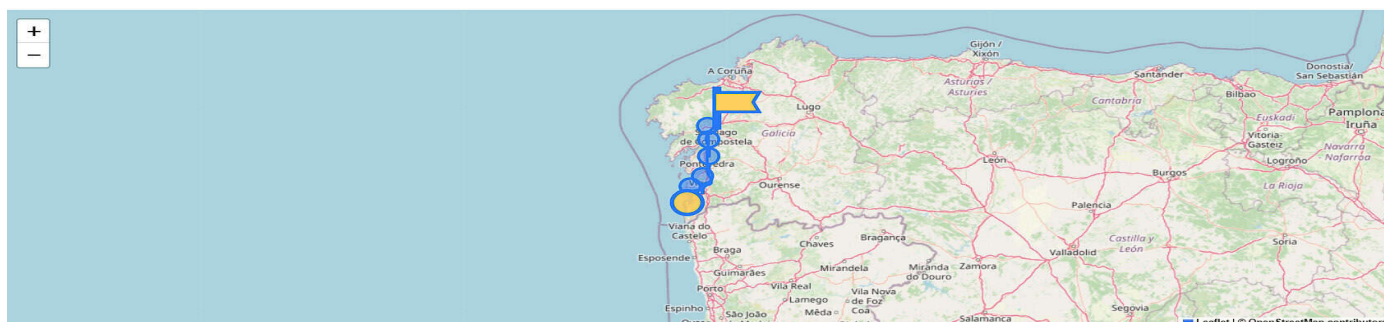
257.7 min | 386.2m average | 553.9 max

Cardio:

2 3.2 4

Walk and immerse yourself in meditative Yoga along the Camino Portuguese Coastal route. Combine the unique healing of the Camino with the mindful practice of Yoga for a truly relaxing experience. This section from Oia to the city of Santiago de Compostela takes you along the coast around the Vigo estuary. You will get the opportunity to stay in the beautiful coastal cities of Baiona and Vigo before re-joining the traditional Camino Portuguese from Redondela to Santiago. This region is known for its seafood, in particular, its oysters and scallops.

Map



Services

Included in this package

- ✓ Specially Hand-Picked Accommodation
- ✓ 7 Breakfasts and 7 Dinners
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest
- ⊕ Local, Experienced Guide

Not included: Flights/trains, Insurance, Drinks/Lunch, Yoga mat

Day
1
km

OIA (Spain)

Relax on your first night in this beautiful coastal village, which is also home to the Royal Monastery of Santa Maria de Oia and typical Galician restaurants and cafes.

Day
2
17.7 km

OIA (Spain) -> BAIONA

From Oia, you will walk along a coastal footpath away from the main road. After 10km, you will continue along gorgeous coastline on boardwalk with stunning views of the Atlantic Ocean and the Cies Islands.

Day
3
27.6 km

BAIONA -> VIGO

The way out of the stunning town of Baiona will have you alongside a sandy beach for most of the day. You will have regular opportunities to stop in cafes along the beach. You will then enter the very active city of Vigo, which will reach after a 3km walk through the harbour.

Day
4
33.8 km

VIGO -> PONTEVEDRA

On this trip, we will transfer you from Vigo to the start of your walk today in Redondela (10km from Vigo). Once dropped in Redondela, you will join the traditional Portuguese Way. You will start seeing more pilgrims along the Camino. You will pass through typical Galician landscape with rural areas and lush green Eucalyptus forests. Before the halfway mark, you will cross Ponte Sanpaio where Napoleon's troops were defeated. The arrival into Pontevedra offer a slightly shorter but along the road option or a slightly longer shaded option. Your final stop of the day has a lovely center with pedestrian streets and lovely cider bar/restaurant behind the church.

Day
5
20.9 km

PONTEVEDRA -> CALDAS DE REIS

Passing chestnut groves, the Camino leaves Pontevedra and runs parallel to the railway for a while. After passing through the hamlet of Ponte Cabras, we encounter the rectory of Santa Maria de Alba, tucked away among pine and eucalyptus trees. Emerging from the dense woods of Lombo da Maceira, you'll see a statue of St James, his staff pointing the way to proceed. Passing the lovely village of Tibo, with its fountain, public washing place and stone cross, brings us to Caldas de Reis.

Day
6

18.5 km

CALDAS DE REIS -> PADRON

Exiting the town, we take a bridge over the River Umia that leads us to a fountain of hot spring water that has lent the town its name since Roman times. Entering the woods once more, the Camino makes its way gently uphill to the hamlet of Santa Marina. Going downhill, we cross the river Fontenlo. Finally, we catch up again with the river as we arrive in Padron. Padron is famous for being the first land sighted by the ship bearing the body of St James.

Day
7

24.7 km

PADRON -> SANTIAGO DE COMPOSTELA

The Camino passes through many small hamlets before arriving at the Baroque sanctuary of A Esclavitude. On a hilltop to the left stands the mysterious ruins of the hillfort Castro Lupario. A few kilometres later, we come to the oldest wayside crossing in Galicia. As we near Agro dos Monteiros, it's now possible to see the spires of the cathedral in Santiago. Finally, the Camino passes by the ruins of a castle known as A Rocha Vella, before entering the city of the Apostle.

Day
8

km

SANTIAGO DE COMPOSTELA

After breakfast, we bid you farewell. If you wish to stay in the area, we recommend that you: - Take your time and visit the magnificent historic centre of Santiago. - Continue with us along the wild Camino Fisterra (Finisterre Way), and stay overnight at the hotel in the lighthouse! - Or take a bus to Fisterra to visit the unspoilt sandy coves and beaches of the west coast. With very few tourists, you are guaranteed a very special experience. Buses depart from Santiago Bus Station at 9am and 10am. Buses return to Santiago at 4:45pm and 7pm. The journey takes 3 hours.

NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

ABOUT US

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007** As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at info@followthecamino.com to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience** Let us help you create the perfect journey tailored to your needs!

Follow the Camino

START PLANING NOW

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