

# Full Camino del Norte Coastal



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the  
Camino**

Your Camino Agent since 2007

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.*

*Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**




**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*



# ITINERARY

  
Stage 1 of 4

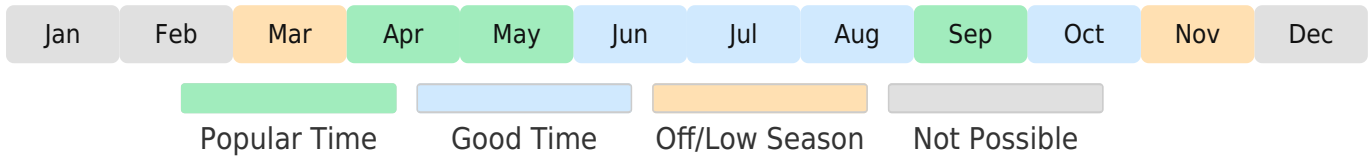
  
370.9km

  
21 days

  
Comfort

  
Moderate plus

Starting from  
€2470



Overall

Distance:

8.4 min | 21.8km average | 31.3 max

Ascent:

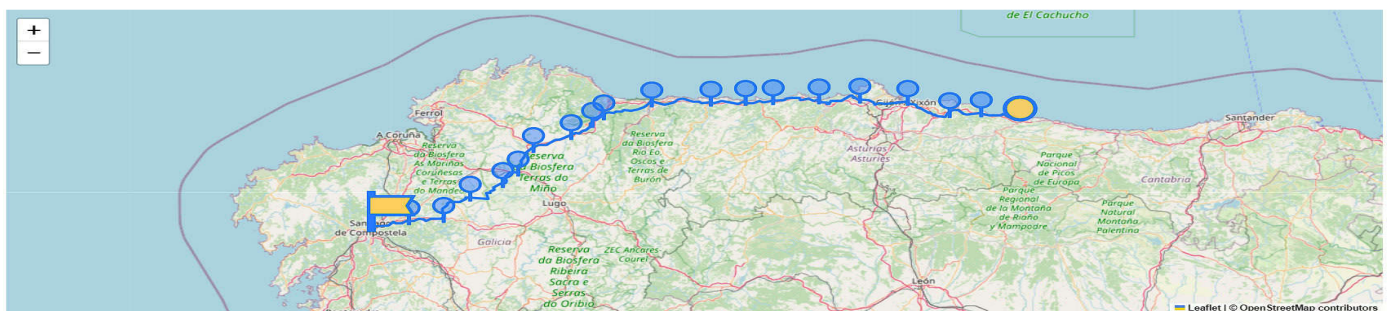
237.8 min | 525.4m average | 1161.1 max

Cardio:

2 3.2 5

Starting from Ribadesella, this route sees pilgrims follow the Atlantic shoreline through Asturias into Galicia, before cutting inland across the lush countryside towards the city of Santiago de Compostela. The Full Camino del Norte Coastal traverses tidal estuaries, woodlands and small hills by the coast, as well as seaside towns and urban areas (particularly around the fringes of Gijón).

## Map



## Services

### Included in this package

- ✓ Bed & Breakfast
- ✓ Specially Hand-Picked Accommodation
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day

1

km

### **RIBADESELLA**

You will be booked into a hotel in the heart of Ribadesella. The town is known for its prehistoric cave, Tito Bustillo (open to visitors all year round), as well as the International Sella River Descent, where kayakers from all over the world gather to attempt the final 20 km of the Sella River on the first weekend of August each year.

Day

2

km

### **RIBADESELLA -> COLUNGA**

The Camino continues uphill towards the village of Vega, at the foot of the impressive Monte Redondo. Reaching Vegas beach, we cross the Regatu del Acebu and climb to the charming village of Berbes. Then, the Camino goes downhill to the beach of El Arenal de Mons, where you can see the mouth of the River de los Romeros. After passing a well-known Knights Templar site and the Benedictine Monastery of Santiago (founded in the 11th Century), we arrive in Colunga.

Day

3

km

### **COLUNGA -> VILLAVICIOSA**

From Colunga, the Camino continues along the valley of the river Llovones, passing small villages along the way. As we leave the valley the track leads uphill to the Cabanona Pass, where we can get superb views of the coast. The Camino continues downhill to Priesca, past the Church of San Salvador, which was consecrated in the year 921 AD. If the church is open, have a look at the paintings inside. Now, on the left bank of the river Sebrayu, the Camino follows the Nabra river valley to reach Villaviciosa.

Day

4

27.1 km

### **VILLAVICIOSA -> GIJON**

Departing Villaviciosa, you will head along forested trails through the Asturian countryside. The path is flat and easy to follow. You will alternate between small woods and open fields. As you near the suburbs of Gijon, your surroundings will get more built up.

Day

5

25.9 km

### **GIJON -> AVILES**

Although the walk today is often seen as the least scenic section of the Camino del Norte as you pass through Gijon's industrial suburbs out of the city, the route still delivers some sights. Outside Gijon you will ascend the stunning Monte Areo (the perfect picnic stop), before descending and following a highway into the lively, fashionable town of Aviles.

Day  
6

27.1 km

### **AVILES -> EL PITO**

Departing from Aviles you will follow minor roads through a series of suburbs. Towards the middle of this long walking day you will pass through a series of notable towns, including El Castillo. Here, be sure to check out the old fortress. As you approach your stop for the night, you pass through El Pito's Renaissance gardens – a charming way to end your day!

Day  
7

30.2 km

### **EL PITO -> CADAVEDO**

Much of the route today follows the winding highway west through the Asturian countryside. However, given the road is reasonably quiet and lined with many shady trees, this is a surprisingly peaceful section of the Camino del Norte. There are also many secluded beaches you can go for a swim at along the way, before your stop in Cadavedo for the night.

Day  
8

16.1 km

### **CADAVEDO -> LUARCA**

The walk today is one of the shorter routes along the Camino del Norte and you should be able to comfortably complete this walk by the early afternoon. This gives you plenty of time to explore the charming port of Luarca and get some well-earned seafood for lunch!

Day  
9

20.4 km

### **LUARCA -> NAVIA**

While the climb out of Luarca can be a tough start to the day, once you are past this point the walk is generally flat with some scenic views over the countryside and on to the sea. The final destination for this leg of the Camino del Norte is the energetic market town of Navia.

Day  
10

31.3 km

### **NAVIA -> RIBADEO**

The walk from Navia to Ribadeo is the culmination of your route along the Atlantic coastline. Expect some spectacular views of the cliffs, sea, and swell as you navigate your way into Ribadeo. Crossing the inlet that Ribadeo is built around, you pass from Asturias into Galicia!

Day

11

27.1 km

### **RIBADEO -> LOURENZA**

Leaving Ribadeo behind, you will ascend through gentle hills on woodland paths lined with eucalyptus, the fragrance of these trees filling the Galician air. You will pass through remote hamlets and quiet roads as you head for Lourenza. On arrival in the town, you can see the beautiful monastery still standing here after hundreds of years and get a good night's rest.

Day

12

8.4 km

### **LOURENZA -> MONDONEDO**

Today's walk into the low mountains bordering Galicia offers stunning views over the rich countryside. While the ascent can be challenging, the paths are mostly a mix of gravel and brick roads, making the climb a little easier. Your destination is Mondonedo, one of the seven capitals of the ancient Kingdom of Galicia, and the site of notable Bronze Age excavations.

Day

13

16.7 km

### **MONDONEDO -> ABADIN**

Out of Mondonedo, you will follow the Rua Rigueira uphill and onto gravel tracks. There is construction along this route which may necessitate minor detours, but these are well waymarked. You will pass through the town of Gotan before stopping at the much larger Abadin. Abadin has many shops and facilities, so is a good place to restock your supplies.

Day

14

20.3 km

### **ABADIN -> VILALBA**

Pass Abadin's notable fountain as you leave the town and start a minor ascent by the highway. The route from here meanders easily along rural roads through forests and farming villages, and you will regularly criss-cross the N-634 highway. Your destination is Vilalba, the largest settlement on this section of the Camino del Norte.

Day

15

19.6 km

### **VILALBA -> BAAMONDE**

As you leave Vilalba, you will pass the famous Church of Santa Maria and cross onto a dirt track. From there, you will cross highways, alternating between dirt tracks and minor roads, before getting to San Xoan de Alba and its 14th Century church. Going along more dirt tracks and minor roads, you will pass Ferreira before reaching the town of Baamonde.

Day  
16

14.6 km

### **BAAMONDE -> MIRAZ**

Today's walk is short, and while not the most spectacular, is emblematic of typical quiet Galician countryside. At Raposeira (a well-known pilgrim stop) you can get a mid-morning coffee or snack, though this is one of the only places to get supplies before reaching Miraz. Miraz offers accommodation run by the British Confraternity of St James organisation.

Day  
17

25.4 km

### **MIRAZ -> SOBRADO DOS MONXES**

The first 4km out of Miraz offers some of the most scenic parts of the Camino del Norte. You will also climb to a steady 710m, the Northern Way's highest point, in this time. Your stop for the night is the town of Sobrado dos Monxes and its stunning monastery of the same name.

Day  
18

22.2 km

### **SOBRADO DOS MONXES -> ARZUA**

By the end of the day, the Camino del Norte links with the Camino Frances in Arzua. To start, you will depart Sobrado dos Monxes and follow minor paved roads through small towns such as Vilarchao and Castro. From there, you will pass from gravel to paved roads and back as you make your way south west, passing Boimil and Boimorto, before a slight ascent as you make your way into Arzua. Prepare to meet many more pilgrims than you've seen so far!

Day  
19

17.8 km

### **ARZUA -> RUA**

This shaded section of the Camino will pass through woods, along streams, and through sleepy villages. Take your time and visit the chapel of Santa Irena, with its unique statues of Santiago. The rest of the way to Rua-O Pino is on a quiet country road. Rua (at an elevation of 310m) is one of the less crowded stopping points before Santiago de Compostela.

Day  
20

20.6 km

### **RUA -> SANTIAGO DE COMPOSTELA**

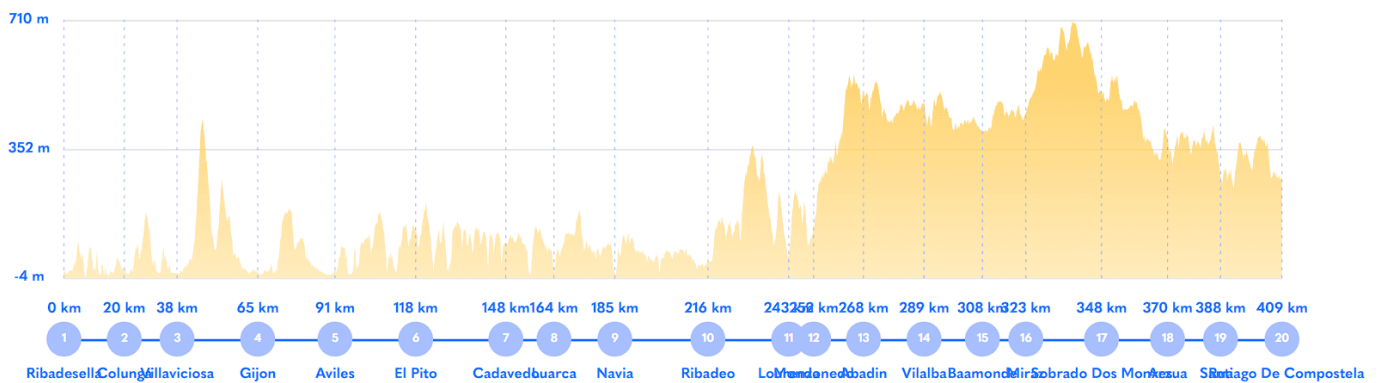
You're nearly there! The next stage will be Lavacolla, where pilgrims traditionally washed in the river before reaching Santiago de Compostela. Tall eucalyptus trees line your way to Monte del Gozo, or Mount of Joy. From here, you can see your goal – the Cathedral of Santiago! After a descent to the city you'll be able to witness this UNESCO World Heritage Site up-close. Marvel at the architecture and relish the wonderful atmosphere in this cultural and spiritual mecca, and contemplate all you've experienced on your amazing journey.

Day  
21  
km

## SANTIAGO DE COMPOSTELA

After breakfast, we bid you farewell. If you wish to stay in the area, we recommend that you: - Take your time and visit the magnificent historic centre of Santiago. - Continue with us along the wild Camino Fisterra (Finisterre Way), and stay overnight at the hotel in the lighthouse! - Or take a bus to Fisterra to visit the unspoilt sandy coves and beaches of the west coast. With very few tourists, you are guaranteed a very special experience. Buses depart from Santiago Bus Station at 9am and 10am. Buses return to Santiago at 4:45pm and 7pm. The journey takes 3 hours.

## Elevation Chart





# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007** As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience** Let us help you create the perfect journey tailored to your needs!



# Follow the Camino

**START PLANING NOW**

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